



## U8 Rules and Regulations

1. 6X6 (including a goalie) Goalkeepers must wear neutral colored shirts.
2. Ballsize-3
3. Four (12) minute quarters
4. 2 minute break between quarters and a 5 minute break at half time
5. The flip of a coin will determine which team is awarded the kick-off at the beginning of the game.
  1. The kick-off is used at the start of the game, after a goal, and after each quarter.
  2. Opponents must be five (5) yards from the center mark while kick-off is in progress.
  3. The kick-off will alternate between teams at the beginning of each quarter.
  4. At the start of the second half (or third quarter) teams will switch goals.
6. All sideline out-of-bound balls will be thrown in. (The team that touched the ball last loses possession.)
  1. Any player from the opposing team may throw the ball back into play from the sideline. The ball must be thrown from behind and over the head using both hands, and both feet must remain on the ground throughout the throw.
  2. The player throwing in cannot play the ball until it has been touched by another player.
7. All goal line (or endline) out-of-bound balls will either be a goal kick or a corner kick
  1. Goal kicks are awarded to the defensive team when an attacker kicks the ball out of bounds over the endline. A goal cannot be scored directly of a goal kick.
  2. Corner kicks are awarded to the attacking team when a de- fender kicks the ball out of bounds over the endline. A goal cannot be scored directly of a corner kick.
8. All players must play for at least half of the game. (unless they become injured or ill during the game.)
9. Rubber soled soccer cleats and shin guards must be worn at all times. The shin guards must be completely covered by socks.
10. No jewelry (including pierced earrings), no zippers and no metal hairclips.
11. During the game, team jerseys must be tucked in the shorts and the jersey numbers must be visible at al times.
12. Substitutions can be made between quarters only. (unless in case of injury)

13. A handball penalty results in loss of possession. (Unless it occurs in the penalty box and then it becomes a free kick at the discretion of the referee.)
14. All penalty kicks will be indirect kicks.
15. There will be no offsides called in U8.
16. The goalie cannot cause a delay of game. He or she needs to kick or throw the ball within four (4) seconds of receiving it.
17. For safety reasons, spectators are asked to stand or watch the game from the designated areas on the map.
18. If play is stopped it will resume with a drop ball.
19. Weather conditions concerning game play will be determined 15 to 30 minutes prior to game at the soccer field.
20. At the completion of the game, both teams will line up and shake hands.
21. At the completion of the game, both coaches and the referee will sign off on a score card to be turned in at the concession stand.

These rules are to be considered supplemental team rules for the Pinewoods Youth Soccer League, Inc. Official rules can be found in the FIFA: Laws of the Game.